

**Directions to Fremont Youth and Family Services at the Family Resource Center**  
**39155 Liberty Street, Suite E500**  
**Fremont**  
**(510) 574-2100**

**Note: The Family Resource Center is on the corner of Liberty and Capitol. There are two buildings, one is on the corner and the 2<sup>nd</sup> building is next to it. We are in this second building, in Suite E. As you look at the two buildings there is a trellis/walkway that goes across the parking lot between the two buildings. Enter our building from this walkway – we will be the building on the left. Once you get in our building we will be the first waiting room on the left.**

**From Oakland/Berkeley:** Take 880 south to Mowry Ave. Head East on Mowry (over the freeway). Turn right on State (you will have just passed a Barnes and Noble/Rite Aid strip mall) and then left on Capitol and right on Liberty. Take the first parking lot entrance on your right.

**From Hayward:** Either follow instructions for Oakland/Berkeley (above) or take Mission Blvd. south to Mowry Ave. Turn right on Mowry. Take Mowry to Paseo Padre and turn left. Take the first right, which will be Capitol, and then left on Liberty Street. Take the first parking lot entrance on your right.

**From the Mid-Peninsula:** Take the Dumbarten Bridge (84) and **continue across 880, where 84 will end and turn in to DeCoto Rd.** (Note: do NOT exit off of 84 – even though you will see signs for a Paseo Padre exit) Continue on DeCoto Rd. to Paseo Padre Parkway and turn right. Continue on Paseo Padre to Capitol Ave (just after Mowry) and turn right. Take the first left onto Liberty Street and then the first parking lot entrance on the right.

**From Santa Clara/Mountain View/San Jose:**

**OPTION #1:** (From 680) Take the Washington Blvd Exit. Turn right onto Washington (going over the freeway). Continue on Washington Blvd through a residential area, and into a business district, staying to the right as it turns into Fremont Blvd. Continue on Fremont Blvd until you reach Beacon. Turn right on Beacon. Take the second left (at the stop sign) onto Liberty Street. The entrance to the parking lot will be between Beacon and Capitol (Liberty dead ends at Capitol).

**OPTION #2:** (from 880) Take the Stevenson Ave. exit and go east (to the right). Turn left on Liberty Street. Entrance to parking lot will be between Beacon and Capitol.

**From Contra Costa/Tri-Valley:** Take 680 south to the Washington Blvd. Exit. Turn right onto Washington Blvd. Take the Washington Blvd Exit and turn right. Continue on Washington Blvd through a residential area, and into a business district, staying to the right as it turns into Fremont Blvd. Continue on Fremont Blvd until you reach Beacon. Turn right on Beacon. Take the second left (at the stop sign) onto Liberty Street. The entrance to the parking lot will be between Beacon and Capitol (Liberty dead ends at Capitol).

(Note: if you prefer to take 84/Niles Canyon you will need to turn left on Mission Blvd. and then follow the Hayward Directions listed above)

By Public  
Transportation:  
AC Transit Line #20,  
22, 25, 29  
(Mowry Ave.); #21  
(Walnut Ave.)

BART: Fremont BART  
Station, walk West  
on Walnut Ave and turn  
right onto Liberty  
Street (or you can cut  
through the Raleys  
shopping center to get to  
Paseo Padre Pkwy).

